

VSRF @ Institutions

VSRF

LECTURE & TRAINING

Institutions

**ARMY Sports Institute -
Pune, India**

**USHA School of Athletics -
Kerala, India**

**Keizer Prestatie Sports
Consultancy, *Holland***

HAN University - Holland

**Gothenburg University
- Sweden**

**Ayurveda Temple -
Gewerbesr, Germany**

Defence Institute of Advanced Technology - Pune

Pune University College of Engineering -Pune

Rajiv Gandhi Technological University - Bhopal.

Delhi Technological University.

Bhanaras University & Many Colleges & Schools

VSRF

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graph TD; VSRF[VSRF] --> Lectures[Lectures]; VSRF --> Training[Training]; Lectures --> LecturesList[Science & Spirituality, Essence of Spirituality to Excel, Mind Management, Stress Management, Scientific application of Vedic Knowledge, Vedic Mantras and its Positive Vibrations, Meditation & Intuition, Vedic Hypnosis, Mantra, Yantra, Tantra & Yagna, Vedas for Environment Protection, Vedic Tradition & its Significance, Empowering through Spiritual Practice]; Training --> TrainingList[Spiritual Practices for Good Health, Mind Power Management, Light Meditation, Mudras, Self Energizing Techniques, Stress Management];
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Lectures

- Science & Spirituality
- Essence of Spirituality to Excel
- Mind Management
- Stress Management
- Scientific application of Vedic Knowledge
- Vedic Mantras and its Positive Vibrations
- Meditation & Intuition
- Vedic Hypnosis
- Mantra, Yantra, Tantra & Yagna
- Vedas for Environment Protection
- Vedic Tradition & its Significance
- Empowering through Spiritual Practice

Training

- Spiritual Practices for Good Health
- Mind Power Management
- Light Meditation
- Mudras
- Self Energizing Techniques
- Stress Management



Rajiv Gandhi Technological University - Bhopal



M.I.T School, Pune



HAN University, Holland



Gothenberg University, Sweden





Delhi Technological University



P.T. Usha, School of Athletics



Vedic & Scientific Research Foundation

"Serving the Society by Bridging Science & Spirituality"